

The centre: Awankay is located in the Sierras de Cazorla, Segura y las Villas natural park in the south of Spain (Andalucia, Jaen province), close by the lake Embalse de Aguascebas (Jaen) that you can find on Google Maps



From 23rd of July – 5th of August 2019
Tradicional Shipibo healing retreat
Guided by Heberto

The program: (you can do the whole diet retreat from July 23 to August 5 (or 6) or choose part of it).

(23) 24, 25 de julio 2019

individual retreat with traditional shipibo diet with various plants guided by Heberto Garcia Ramirez from the Peruvian Amazon.

26, 27, 28 de julio 2019

3 tradicional shipibo healing ceremonies guided by Heberto

(29) 30, 31 of July, 1 of August 2019

individual retreat with traditional shipibo diet with various plants guided by Heberto Garcia Ramirez from Peruvian amazon.

2, 3, 4 of August 2019

3 tradicional shipibo healing ceremonies guided by Heberto



Look for more info about the ceremonies at: <https://awankay.com/workshops/>

Travel info:

It is at 4,5 hours travel from Madrid. You can fly to Madrid, Málaga or Granada. From Malaga or Granada you should rent a car.

From Málaga it is a 4 hour drive and from Granada(Jaén) 2,5 hours. If you fly to Madrid and want to travel by public transport you can come by train to Linares-Baeza (3hours) and from there I can pick you up (1,5 hour). In that case you should best arrive Thursday (or one day before the program starts) and leave Tuesday (or one day after the closure of the program) due to train schedule. (Renfe.com also in English or I can buy the ticket for you). If you want to fly to Málaga and come by public transport you should arrive one day before the program starts and stay the night over because train from Málaga to Linares-Baeza goes once a day at 8:30 from Málaga train station. From Linares-Baeza back to Málaga the train goes at 17:45 from Linares-Baeza.

You can always contact me for more info.

Contact Awankay:

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